

› Basic Employee Assistance Program



Your company can suffer when an employee is faced with a personal or professional issue that gets in the way of maintaining productivity at work. Offering a robust Employee Assistance Program (EAP) can be the answer for both your employee and their family. It can help your company's bottom line, too.

EXPERIENCED EAP STAFF

Licensed Master's level professionals that can provide assistance for a variety of personal and professional matters.

- Emotional Well-Being
- Family and Relationships
- Legal and Financial
- Healthy Life Styles
- Work and Life Transitions

EAP BENEFITS

- Unlimited telephonic access to EAP Professionals 24 hours a day, seven days a week
 - *Services accessed by calling (800) 316-2796*
- Telephone assistance and referral
- Service for employees and eligible dependents
- Connect employees with resources for:
 - *Legal Assistance and Financial Services*
 - *Dependent and Elder Care Assistance & Referral Services*
 - *Substance Abuse Assistance*
- Access to a library of educational articles, handouts and resources at mutualofomaha.com/eap



ORGANIZATIONAL SERVICES

- Internet-based management support resources
- Connection to resources for on-site training and Critical Incident Stress Management Services (CISM) available on a fee-for-service basis

For more information or to access EAP benefits call (800) 316-2796.

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